

Eco-Friendly Play Ideas

Thanks to the Green Committee of
Children's Home & Aid's Northern Region

At Home

We know how important it is right now to follow CDC guidelines, but it doesn't mean we can't have fun with our kids! Here are some activities we can do with our kids while we are at home. Remember to wash your hands and keep gatherings to under 10 people!

- Paint Rocks
- Play with Chalk
- Make a Scavenger Hunt
- Bake Something
- Plant Something
- Make Your Own Playdough
- Teach Them How to Garden
- Flashlight Show/Puppet Show
- Make an Obstacle Course
- Board Games/Puzzles
- Learn a new Hobby
- Make Melted Crayon Art Using Old Crayons
- Make a Bird Feeder (Use Recycled Materials)
- Make a "Bored" Jar

Outside

Here are some activities you can do to enjoy the weather! Remember it is okay to be surrounded by nature as long as you stay away from large crowds and maintain at least 6 feet away from others!

- Take a Bike Ride
- Go on a Nature Walk
- Gather Rocks
- Make a Nature Scavenger Hunt
- Plant Something
- Hike
- Flower hunt
- Go Fishing
- Prune plants/yard work
- Wash a Car



Internet Resources to Use:

Check out these internet resources you can use with your kiddos!

Stateline Kids Play Dates: <https://statelinekids.com/2020/03/15/learn-something-new-at-our-virtual-playdates/>

Circletime Interactive Lessons: <https://circletimefun.com/>

Interactive Games and Dance Videos: <https://www.gonoodle.com/for-families/>

Cosmic Kids Yoga: <https://www.youtube.com/user/CosmicKidsYoga>

Burpee museum e-learning: <http://www.burpee.org/sample-page/burpee-e-learning/>

Smithsonian: https://www.smithsonianmag.com/smithsonian-institution/eight-digital-education-resources-around-smithsonian-180974430/?utm_source=facebook.com&utm_medium=socialmedia

NASA: <https://www.nasa.gov/>

Virtual Field Trips: <https://www.wowtravelagency.com/virtualfieldtrips>

ABC mouse:

<https://www.abcmouse.com/abt/homepage?8a08850bc2=T1658069683.1584632425.1335>

(Use Code: School7771)

Scholastic: <https://www.scholastic.com/home/>

Storyline Online: <https://www.storylineonline.net/>

Live streaming family yoga: <http://iheartyogail.com/class-schedule/>

Tumble science educational materials:

<http://www.sciencepodcastforkids.com/materials>

Mystery Science: <https://mysteryscience.com/>

Christ Community Church Online Kids World: <https://ccclife.org/kidsworld/>

Poetry Tea Time: www.poetryteatime.com

